



For Immediate Release

Silver Bear Announces Second Quarter Results; Increases 2009 Drilling Program

Toronto, Canada, August 13, 2009 – Silver Bear Resources Inc. (“Silver Bear” or the “Company”) (TSX:SBR) today announces financial results for the second quarter ended June 30, 2009, prepared in accordance with Canadian generally accepted accounting principles (“GAAP”) and provides an update on the 2009 drilling program. All dollar amounts are stated in Canadian dollars unless otherwise indicated. Highlights of the second quarter include:

- At June 30, 2009, Silver Bear had cash and cash equivalents of \$17.1 million, sufficient to meet drilling and trenching requirements under the License Agreement through 2010;
- The 2009 exploration drilling program commenced in May 2009 and is expected to be completed on October 1, 2009. The Company has already exceeded its target of 10,000 metres at less than budgeted costs and now plans to extend its 2009 drilling program to 12,000 metres;
- As of August 9, 2009, 65 holes covering 10,463 metres have been drilled and 4,772 cubic metres of trenching have been completed; and
- A total of 697 samples have been submitted for assay, with the first results expected in the third quarter of 2009.

“Our 2009 exploration program is well under way, and we expect to update our existing resource estimate during the first quarter of 2010,” said Randall Oliphant, President and Chief Executive Officer. “We are extremely pleased as our team has exceeded our planned drilling target at less than budgeted costs, thus allowing Silver Bear to increase our 2009 program.”

Financial Results

Net Loss

The Company is in the exploration stage and therefore did not generate revenues from operations as at June 30, 2009. Silver Bear incurred a net loss for the six-month period ended June 30, 2009 of \$7.8 million, or \$0.21 per share. This compares to a loss of \$5.3 million, or \$0.15 per share, for the period ended June 30, 2008. The 2008 loss for the period included a



SILVER BEAR
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200 Bay Street, South Tower
Royal Bank Plaza, Suite 3120
Toronto, ON M5J 2J4

www.silverbearresources.com



\$2.5 million gain on the sale of the Company's Avlayakan property, partially offsetting the operational losses. Exploration costs were \$5.3 million in the period ended June 30, 2009, compared with \$4.6 million in the period ended June 30, 2008, as the Company paid mobilization costs for drilling supplies and equipment in the first quarter of 2009 that were not paid in 2008. Savings in fuel prices and an efficient winter road supply have helped the Company lower these costs in 2009. General and administrative expenses for the period ended June 30, 2009 were \$1.4 million, compared with \$2.6 million in the prior period. General and administrative costs are below prior year as the Company has favourably settled previous litigation matters in the Russian Federation as well as reduced travel in the first and second quarters of 2009 compared to the same period of 2008.

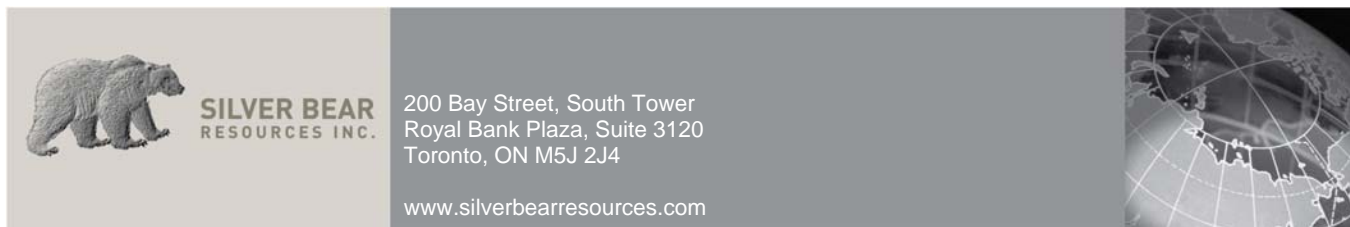
Silver Bear incurred a net loss for the three-month period ended June 30, 2009 of \$3.8 million, or \$0.10 per share. This compares to a loss of \$2.4 million, or \$0.07 per share, for the three-month period ended June 30, 2008. The 2008 loss included a \$2.5 million gain on the sale of the Company's Avlayakan property. Exploration costs were \$2.7 million in the three-month period ended June 30, 2009 compared with \$3.1 million in the three-month period ended June 30, 2008, as savings on fuel and supplies purchased for the drill season are now being realized. General and administrative expenses for the three-month period ended June 30, 2009 were \$0.7 million compared with \$1.4 million in the three-month period ended June 30, 2008. General and administrative expenses for the three-month period decreased when compared to the 2008 period for the same reasons as noted in the six-month explanation above.

Liquidity and Capital Resources

At June 30, 2009, Silver Bear had cash and cash equivalents of \$17.1 million, enough to meet drilling and trenching requirements under the License Agreement through 2010. At December 31, 2008, cash and cash equivalents were \$24.2 million.

Update – Mangazeisky Project

Silver Bear's objective for 2009 is to significantly increase the Company's mineral resource estimate. Silver Bear originally planned to complete 10,000 metres of exploration drilling and 10,000 cubic metres of surface trenching during the year, leaving the Company with sufficient cash to fund further exploration in 2010. As a result of increased drilling efficiencies, the Company has already completed over 10,000 metres of drilling at well below budgeted costs; as such Silver Bear is extending its planned drilling for 2009 to 12,000 metres. Total estimated cost for the 2009 program remains approximately \$12.0 million, of which \$5.3 million has been spent as at June 30, 2009. A mineral resource estimate dated March 6, 2009, based on intersections from 73 drill holes and 13 trenches, determined an inferred silver resource of 31.3 million ounces (1.9 tonnes at 508 grams per tonne silver).



Drilling activities commenced in May 2009, and as of August 9, 2009, 10,463 metres were drilled in 65 holes. Trenching activities resulted in 4,772 cubic metres being completed. Work has primarily concentrated on expanding the 2008 resource estimate by down-dip and along-strike drilling within the Central and Northwest zones. A minor portion of the drilling has been committed to undercutting trench data to improve the quality of the resource, and for infill drilling for a Russian C1 reserve estimate.

Vivian Park, Director of Exploration, a “qualified person” employed by the Company under NI 43-101, has reviewed the technical information contained in this news release.

Silver Bear Resources Inc.

The primary business of the Company is the evaluation, acquisition, exploration and development of silver properties in the Russian Federation. The Company’s principal asset is its 100% owned Mangazeisky Project, located approximately 400 kilometres north of Yakutsk in the Republic of Sakha, Yakutia in the Russian Federation.

Silver Bear is focused on further delineating the high-grade silver mineralization discovered in the Vertikalny vein of the Mangazeisky Project and the exploration of the other known silver mineralized zones on the property. Based on the encouraging results from the drilling program concluded to date, Silver Bear believes the Mangazeisky Project has the potential to become a world-class silver deposit.

Silver Bear Resources Inc. is listed on the Toronto Stock Exchange and its common shares trade under the symbol "SBR". Silver Bear has 37,935,569 issued and outstanding common shares. Other information relating to Silver Bear is available on SEDAR at www.sedar.com as well as on the Company's web site at www.silverbearresources.com.



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Silver Bear Resources Inc.
(an exploration stage enterprise)
Consolidated Balance Sheet
(Canadian dollars)
(unaudited)

	<u>June 30,</u> <u>2009</u>	<u>December 31,</u> <u>2008</u>
Assets		
Current assets		
Cash and cash equivalents	\$ 17,076,808	\$ 24,170,023
Related party receivable	4,137	23,063
Inventories	1,815,312	1,142,408
Prepaid expenses	549,650	666,396
Miscellaneous receivables	13,264	52,475
	<u>19,459,171</u>	<u>26,054,365</u>
Capital assets		
Mineral properties	1,265,117	1,265,117
Property, plant and equipment	2,364,606	2,520,265
Asset held for sale	944,150	944,150
	<u>\$ 24,033,044</u>	<u>\$ 30,783,897</u>
Liabilities		
Current liabilities		
Accounts payable and accrued liabilities	\$ 1,691,012	\$ 1,013,888
Long-term liabilities		
Asset retirement obligation	589,717	570,711
Shareholders' equity		
Capital Stock	73,771,289	73,771,289
Contributed surplus	8,967,290	8,621,876
Deficit	(60,986,264)	(53,193,867)
	<u>21,752,315</u>	<u>29,199,297</u>
	<u>\$ 24,033,044</u>	<u>\$ 30,783,897</u>



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Silver Bear Resources Inc.

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Consolidated Statements of Operations and Comprehensive Loss and Deficit

(Canadian dollars)

(unaudited)

	Three months Ended June 30,		Six months Ended June 30,	
	2009	2008	2009	2008
Income				
Interest income	\$ 17,389	\$ 179,766	\$ 73,834	\$ 465,393
Expenses				
Exploration costs	2,686,238	3,059,013	5,268,054	4,644,360
General and administrative	687,342	1,406,358	1,418,341	2,627,557
Stock option compensation	153,673	304,353	345,415	729,456
Amortization	194,267	245,649	374,586	537,391
Accretion expense	9,505	3,982	19,006	7,582
Loss on disposal of property, plant and equipment	11,631	-	11,631	-
Foreign exchange loss (gain)	81,261	102,098	429,197	(197,653)
Expenses from continued operations	<u>3,823,917</u>	<u>5,121,453</u>	<u>7,866,230</u>	<u>8,348,693</u>
Non-controlling interest	-	(5,345)	-	(33,178)
Loss and Comprehensive Loss for the period from continuing operations	(3,806,528)	(4,936,342)	(7,792,396)	(7,850,122)
Discontinued Operations	-	2,502,027	-	2,502,027
Net Loss	<u>(3,806,528)</u>	<u>(2,434,315)</u>	<u>(7,792,396)</u>	<u>(5,348,095)</u>
Deficit - Beginning of the period	(57,179,736)	(38,406,009)	(53,193,868)	(35,492,229)
Deficit - End of the period	<u><u>\$(60,986,264)</u></u>	<u><u>\$(40,840,324)</u></u>	<u><u>\$(60,986,264)</u></u>	<u><u>\$(40,840,324)</u></u>
Weighted average number of common shares outstanding	37,935,569	36,435,569	37,935,569	36,370,184
Income (loss) per share from continuing operations	\$ (0.10)	\$ (0.14)	\$ (0.21)	\$ (0.22)
Income (loss) per share from discontinued operations	-	0.07	-	0.07
Income (loss) per share	<u><u>\$ (0.10)</u></u>	<u><u>\$ (0.07)</u></u>	<u><u>\$ (0.21)</u></u>	<u><u>\$ (0.15)</u></u>



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Silver Bear Resources Inc.
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Consolidated Statements of Cash Flows
(Canadian dollars)
(unaudited)

	Three months Ended June 30,		Six months Ended June 30,	
	2009	2008	2009	2008
Cash provided by (used in)				
Operating activities				
Loss from Continuing operations	\$ (3,806,528)	\$ (4,936,342)	\$ (7,792,396)	\$ (7,850,122)
Items not affecting cash:				
Amortization	194,267	245,649	374,586	537,391
Accretion expense	9,505	3,982	19,006	7,582
Stock option compensation	153,673	304,353	345,415	729,456
Loss on disposal of property, plant and equipment	11,631		11,631	
Net change in non-cash working capital	1,184,205	2,508,713	179,103	1,082,859
Net cash from continuing operations	<u>(2,253,247)</u>	<u>(1,873,645)</u>	<u>(6,862,655)</u>	<u>(5,492,834)</u>
Financing activities				
Issuance of common shares	-	(366,958)	-	1,560,013
Deferred stock issuance costs	-	(214,456)	-	(214,456)
Non-controlling interest	-	(127)	-	(127)
	<u>-</u>	<u>(581,541)</u>	<u>-</u>	<u>1,345,430</u>
Investing activities				
Acquisition of property, plant and equipment	(17,093)	(1,686,319)	(230,560)	(2,248,113)
	<u>(17,093)</u>	<u>(1,686,319)</u>	<u>(230,560)</u>	<u>(2,248,113)</u>
Decrease in cash and cash equivalents during the period	(2,270,340)	(4,141,505)	(7,093,215)	(6,395,517)
Decrease in cash and cash equivalents during the period from discontinued operations	-	8,368,058	-	8,186,979
Cash and cash equivalents - beginning of the period	19,347,148	27,860,490	24,170,023	30,295,581
Cash and cash equivalents - end of the period	<u><u>\$ 17,076,808</u></u>	<u><u>\$ 32,087,043</u></u>	<u><u>\$ 17,076,808</u></u>	<u><u>\$ 32,087,043</u></u>



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Forward-Looking Information

This release and subsequent oral statements made by and on behalf of the Company may contain forward-looking statements, which reflect management's expectations with respect to the proposed transaction. Wherever possible, words such as "intends", "expects", "scheduled", "estimates", "anticipates", "believes" and similar expressions or statements that certain actions, events or results "may", "could", "would", "might" or "will" be taken, occur or be achieved, have been used to identify these forward-looking statements. Although the forward-looking statements contained in this release reflect management's current beliefs based upon information currently available to management and based upon what management believes to be reasonable assumptions, Silver Bear cannot be certain that actual results will be consistent with these forward-looking statements. A number of factors could cause events and achievements to differ materially from the results expressed or implied in the forward-looking statements. Such risks factors include but are not limited to risks factors identified by Silver Bear in its continuous disclosure filings filed from time to time on SEDAR. These factors should be considered carefully and prospective investors should not place undue reliance on the forward-looking statements. Forward-looking statements necessarily involve significant known and unknown risks, assumptions and uncertainties that may cause Silver Bear's actual results, events, prospects and opportunities to differ materially from those expressed or implied by such forward-looking statements. Although Silver Bear has attempted to identify important risks and factors that could cause actual actions, events or results to differ materially from those described in forward-looking statements, there may be other factors and risks that cause actions, events or results not to be as anticipated, estimated or intended. There can be no assurance that forward-looking statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Accordingly, prospective investors should not place undue reliance on forward-looking statements. These forward-looking statements are made as of the date of this release, and Silver Bear assumes no obligation to update or revise them to reflect new events or circumstances, unless otherwise required by law.

For further details, please visit www.silverbearresources.com, or contact:

Brian Penny
Chief Financial Officer
(416)-324-6002
bpenny@silverbearresources.com

Hannes Portmann
Director, Corporate Development and Investor Relations
(416)-324-6014
hportmann@silverbearresources.com